



AoR Website Accessibility Guidelines

The AoR website belongs to the Association of Reflexologists (AoR).

The AoR is the foremost Professional Association for highly qualified reflexologists across the UK, and we want as many people as possible to be able to use this website, so we are trying to make this site as accessible as possible. As the AoR is not a public body, we are not bound by the regulations covering the public sector; however, we have tried to implement as many recommendations as we reasonably can, and therefore, we ask that anyone contributing content will do as much as practical to adhere to the accessibility guidelines below.

Guidelines for Content for the AoR Website

“Content” includes members’ profiles, schools information, course information, and anything else which will be available on our website.

When contributing content for our website, please observe the following guidelines:

1. **use of a sans serif font of a reasonable size:**
 - a. we suggest verdana as it is freely available and easy to read
 - b. minimum font size: 10 point and preferably 11 or 12 point, with headings in larger font.
2. **colour choices:** remember that some people are red/green colour blind, or totally colour blind so avoid using colour to express meaning; also some people are unable to read white text on a dark background as the letters ‘bleed’ into one another.
3. **captions on pictures and diagrams:** remember that some users may have sight issues and will use a screen reader to read the page, so ensure that every picture has a meaningful caption behind it.
4. **Keep text simple, and use short paragraphs**
5. **Videos:** ensure any audio is meaningful and doesn’t rely on images alone, and if there is no dialogue in the video, ensure there is meaningful text describing what you might see in the video.

The aim is for the user to be able to:

- change colours, contrast levels and fonts using browser settings
- zoom in up to 300% without the text spilling off the screen using browser settings
- navigate most of the website using just a keyboard
- navigate most of the website using speech recognition software
- listen to most of the website using a screen reader

Related Documents: AoR Website Accessibility Statement.

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