

Association of Reflexologists CPD Log Sheet



Sheet No:

CPD Year:

Name:

Membership No:

| Date/s of Activity | Title of Activity | How this benefited my practice | CPD Category | Duration etc (eg hours) | Points Accrued |
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| Total CPD points accrued for the year */ sub total for the sheet* (*delete as applicable) | | | | | |

- You need to complete a line of this form each time you undertake CPD activity. Refer to the CPD Handbook for details about valid activities.
- We recommend that you photocopy spares of this form to allow for additional entries, or for recording activities in future years.
- Keep the forms safely in a folder. Keep copies of any relevant evidence, or additional information in the folder as well.
- Please do not send this form, or any information about your CPD activity to the AoR. Keep your CPD folder at home.
- If the renewal date of your membership is December each year then your renewal invitation for 2008 will have a box to fill to declare your points earned during 2007.
- If the renewal date of your membership is different from the above then the renewal invitation that you'll receive during 2008 will have a box to fill to declare your points earned from 1st January 2007 up until that date in 2008.

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