



DVD REVIEW:
SUCCESS TIPS FOR REFLEXOLOGISTS
Sue Ricks

This comprehensive DVD aims to assist the Reflexologist from being a “regular therapist” to being a successful, balanced and happy practitioner.

Going through the various aspects that are involved when working as an alternative therapist, Sue guides you through the processes, passing on the “tips of the trade” that she has learned and developed in her own practice.

It is divided into several easy to use sections, which include *Happy and Balanced Client Relationships*, *Coping with Difficult Clients*, and *What to say and What not to say*. The tricky subject of client dependency is also approached, with ideas regarding avoidance of this.

In addition to the advice regarding approaches to the clients themselves, there are also tips on looking after yourself – how to protect your own energy, and avoid taking on others’ negativity.

Keeping the balance between looking after yourself and looking after your client is very important, and she gives hints and tips that help you to think about also gaining benefit from and enjoying being a therapist (rather than just focussing on the benefit to your clients), thus avoiding practitioner “Burnout”.

The advice is useful and thought provoking, and presented in a way that makes it easy to take in and absorb.

It would be a useful addition to the library of any Reflexology student or practitioner.

Produced by Barney Books.
Running time: 60 minutes

Available on DVD from Sue’s own website (www.suericks.com) and from major retailers such as www.amazon.co.uk and www.waterstones.com.