



BOOK REVIEW:
**DR. BACH'S FLOWER REMEDIES (TAPPING INTO THE POSITIVE
EMOTIONAL QUALITIES OF THE CHAKRAS)**
Philip Salmon and Anna Jeffroy

This book places the remedies into chakra related groups. A double page is dedicated to each remedy which has an illustration of the water/tree/flower from which the remedy is made. Also listed are the chakra and positive qualities, the negative state and the action of the remedy.

Phillip Salmon and Anna Jeffroy have written a clear, concise and easy to use guide for students, therapists and those interested in learning more about flower remedies.

Published by North Atlantic Books (Jan 2007)
ISBN-10: 1556436408
ISBN-13: 978-1556436406

Available in most major book stores.