



BOOK REVIEW:
EAR CANDLING IN ESSENCE
Mary Dalglish and Lesley Hart

Ear candling in essence is a clear and concise guide to the art of candling. It covers the history from the Egyptians, Greeks, Romans and Aztecs to modern day. Filled with chapters on application techniques, massage routines, contraindications and anatomy and physiology. This book is an excellent companion for students studying the subject or experienced therapists wanting to learn more about this fascinating subject.

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