



**BOOK REVIEW:**  
**VERTICAL REFLEXOLOGY FOR HANDS**  
Lynne Booth

This book by Lynne Booth is a further development of Vertical Reflex Therapy by the same author. This time Lynne looks at deeper access to reflex points on the weight-bearing hands and nails. Lynne also describes very carefully her research into nail reflexology and the amazing results achieved in accelerating the healing process through accessing reflex points on the nails. It makes for fascinating reading and yet again allows the reader another insight into the ever developing world of reflexology. Good diagrams and case profiles.

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