



BOOK REVIEW:
HANDS ON REFLEXOLOGY
Andrew James

Andrew James is first and foremost a dedicated reflexologist with 15 years experience and is also a teacher and lecturer. I thoroughly enjoyed his book that is packed with straightforward and well organised information. There are excellent visual aids both photographic and drawn. The content is suitable for all levels as an essential study aid. It is also a comprehensive reference book for the practising reflexologist to have on the bookshelf. A great example of delivering excellence in reflexology.

Publisher: Hodder & Stoughton (Oct 2002)
ISBN-10: 0340803975
ISBN-13: 978-0340803974

Available from major book stores including www.amazon.co.uk and www.waterstones.com.